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| **Erie High School** | | **Rehabilitation Aide Curriculum Map**  **CIP Code #51.2604** | | **Industry Standards**  **OSHA**  **National Safety Council** |
| **Level I** | **1st Quarter**  Safety Rules of School/Lab  Infection Control/Disease Transmission Prevention (BBPs)  Medical Terminology  Vital Signs  Visual Acuity | **2nd Quarter**  Medical Terminology  HOPS/SOAP Introduction  Plyometric exercises  Shoulder Complex Strengthening  *OSHA-10 Certification* | **3rd Quarter**  Medical Terminology  Knee Strengthening/Stretching  Hip Strengthening/Stretching  Splinting  Basic Taping Skills | **4th Quarter**  Medical Terminology  Foot/Ankle Strengthening  Stretching  Concussion/Heat Illness |
| **Level II** | **1st Quarter**  Safety Rules of School/Lab  Infection Control/Disease Transmission Prevention  Anatomical Position, Body Planes, Directions, Cavities  Integumentary System  Skeletal System | **2nd Quarter**  Skeletal System  Muscular System  Nervous System/Special Senses  Intro. to Sports Med. (Unit 1: Intro SPMD and AT)  *CPR Certification (2-year cert)* | **3rd Quarter**  Cardiovascular System  Endocrine System  Lymphatic System  Intro to Sports Med (Unit 2: Roles/Responsibilities in AT)  AT Secondary School Part 1: Health Care Administration & Responsibilities | **4th Quarter**  Respiratory System  Urinary/Excretory/Digestive Systems  Reproductive/Immune Systems  Intro to Sports Med. (Cont. Unit 2, Start Unit 3: Injury Assessment and Management)  AT Secondary School Part 2: Injury/Illness Prevention and Wellness Promotion |
| **Level III** | **1st Quarter**  Safety Rules of School/Lab  Self-Paced Review of all Vitals/Lab Skills  Physical Therapy Aide (PT Aide) Certification Text: Unit 1: Introduction to Physical Therapy  Cont. Intro to SPMD Unit 3  Cont. AT Part 2; Start Part 3: Immediate and Emergency Care  Foot/Ankle/Lower Leg Injury, Treatment, Assessment, and Rehab | **2nd Quarter**  PT Aide Certification Text: Units 2 and 3: Scientific Principles; Medical Disorders and Physical Therapy  Self-paced Review of all Vitals/Lab Skills  AT Secondary School Part 4: Therapeutic Intervention  Knee/Hip Injury, Treatment, Assessment, and Rehab | **3rd Quarter**  PT Aide Certification Text: Units 4 and 5: Patient Preparation and Physical Therapy Modalities  Self-Paced Review of Vitals/Lab Skills  AT Secondary School Part 5: Examination, Assessment, and Diagnosis  Resume Writing, Employment Soft Skills  Wrist/Hand/Elbow/Shoulder Injury, Treatment, Assessment, and Rehab | **4th Quarter**  PT Aide Certification Text: Unit 6: Career Development and Job-seeking Skills in Physical Therapy  *PT Aide Test Prep and Test*  Self-Paced Review of Vitals/Lab Skills  Chest/Head/Neck Injury, Treatment, Assessment, Rehab |
| **Level IV** | **1st Quarter**  NOCTI Prep—A&P  CO-OP  Safety Rules of School/Lab  Self-Paced Review of all Vitals/Lab Skills | **2nd Quarter**  NOCTI-Prep—Med-Term and Clinical Skills  CO-OP  Self-Paced Review of all Vitals/Lab Skills *CPR (2-year cert)* | **3rd Quarter**  NOCTI-Prep—Psychomotor Skills and Signs/Symptoms/Treatments of Injuries  CO-OP  Self-Paced Review of all Vitals/Lab Skills | **4th Quarter**  NOCTI Prep—A&P, Med-Terms, Psychomotor Skills  Resume Writing and Mock Interviews |